SSA Cross Country
PARA & GUIDE REGISTRATION FORM

In order to register an athlete for the Para event at SSA Cross Country Provincial Championships, coaches must:

1. Register the student in the SSA SRS
2. Register the student through their zone
3. Complete this form and send it to deryk@schoolsportalberta.ca and the Zone Manager

Last name: _____ First Name: _____

School Attending: _____ Zone: _____

Grade: Gender:_____ Coaches Name: _____

Contact # (School): _____ Contact # (Cell): _____

Disability Category Information Chart:

Please use the chart below to determine which classification is most appropriate for the student you are registering.

Classification	Definition	Associated Classification #
Intellectual disability	Athletes with an IQ of 75 or less - able to compete without race assistance	T20

Visually Impaired	Athletes with: - No Vision - Very Limited Vision - LImited Vision	T11 T12 T13
Ambulatory	Athletes who compete standing up: - Athletes with CP, brain injuries and/or neurological disorders - Loss or limited use of lower limbs - Loss or limited use of upper limbs	(In each category, the higher the number, the higher the function) T35 - 38 T42 - 44 T45 - 47

Disability Category

Please check one (refer to the above chart for classification information. If clarification is needed, please visit https://schoolsportalberta.ca/para-sports or email deryk@schoolsportalberta.ca

X	Category	Approximate T Classification	Additional Information
	Intellectual Disability	T20	
	Visually Impaired	T11-13	
	Ambulatory	T35-38, 42-44, 45-47	

Guide Information:

Will the athlete be using a guide during competition? (Note: Guides are only allowed for athletes who are registered in the visually impaired classification. Visually impaired athletes must fit with the Athletics Canada guidelines for this classification- NO EXCEPTIONS)

Yes No (Please circle one)

Guide's Name: _____ Age: _____

Please Note: **Visually impaired athletes must provide their own guide.**

Safety Standard: For safety and logistical purposes, Para athletes need to be able to finish a 2km distance in a maximum time of 28-30 minutes.
Please list the best time for a 2km distance for your athlete: _____ minutes

Coaches Name: _____

Coaches Signature: _____ Date: _____

Please send all completed forms to deryk@schoolsportalberta.ca and your Zone Manager.